



BIOCHEMISTRY

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FATTY ACID OXIDATION



- **Fatty acids** => 9000 calories / gram.
- carbohydrates & proteins => 4000 calories / gram
- **Fatty acids are > reduced** than carbohydrates and proteins.
- Fatty acids => because of **non-polar character** (not soluble in water)
=> stored in **water free** form => so 1 gram contains six times > energy than 1 gram glycogen bound to water .
- Fatty acids => **degraded** by **sequential removal of two-carbon fragments** from **carboxyl end** => **β -oxidation**
- Bond b/w **α - and β -carbon atoms** => broken => acetyl-CoA
- **β -Oxidation** => because the **β -carbon of fatty acids is oxidized** => **mitochondria**.

Hydrolysis of Triglycerides (Lipolysis)

lipases

- **Triglycerides** =====> **glycerol** and **fatty acids** .
- Activity of **lipase** => regulated by hormones => **epinephrine and glucagon** => activate **adenylate cyclase** => produce **cAMP** (from ATP) => protein kinase A => phosphorylates **lipase** => **activated**.

glycerol kinase

glycerol phosphate dehydrogenase

- **Glycerol** =====> phosphorylated => then oxidised =====> **dihydroxyacetone phosphate** => **glycolysis**.

- **Insulin** **inhibits the hydrolysis of triglycerids.**

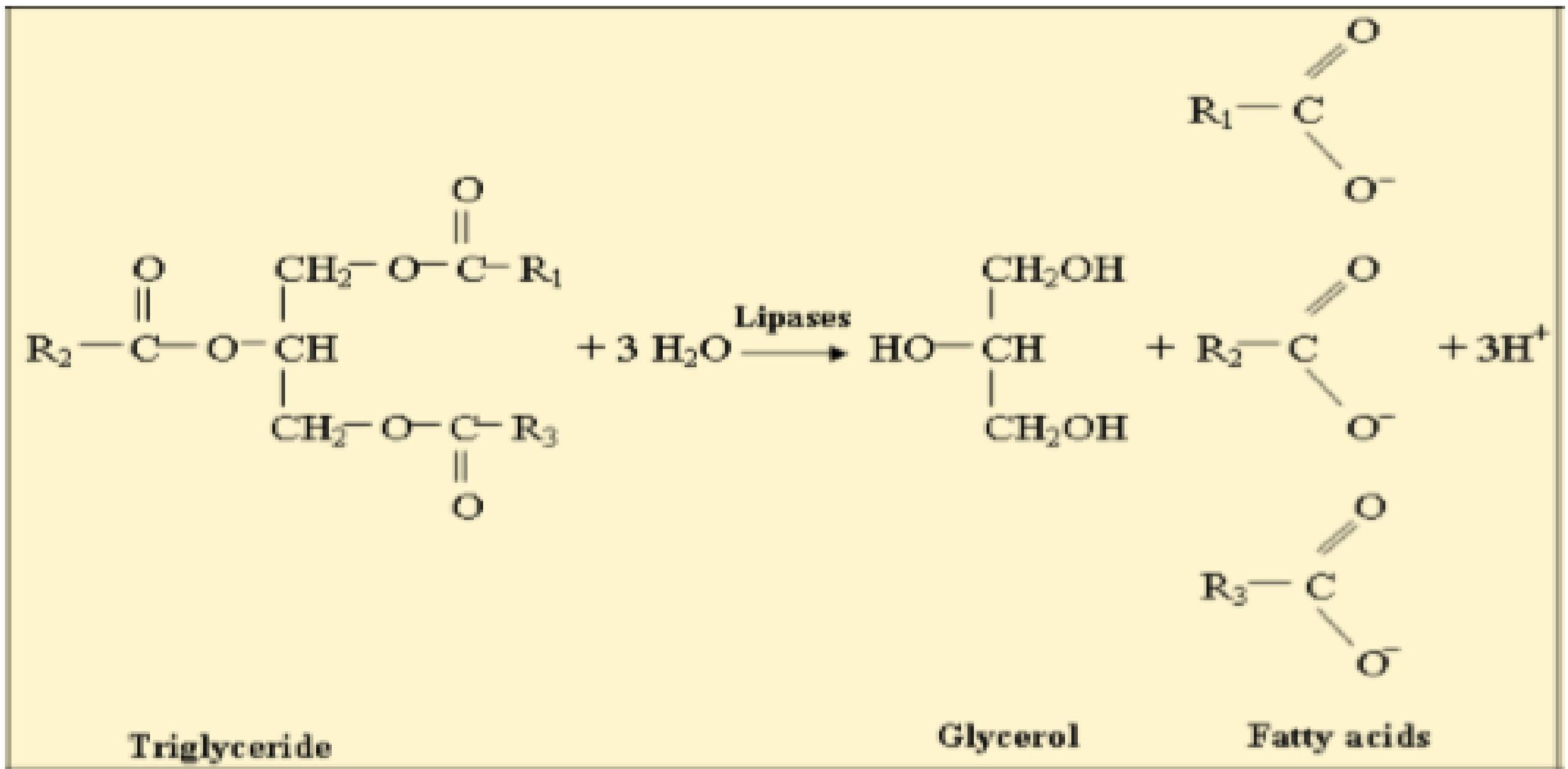


Fig 20.1 Hydrolysis by lipases of triglycerol in glycerol and fatty acids.

Fatty Acid Activation

- Fatty acid => activated => with ATP and CoA $\xrightarrow{\text{acyl CoA synthetase}}$ **fatty acyl-CoA**
in the cytosol

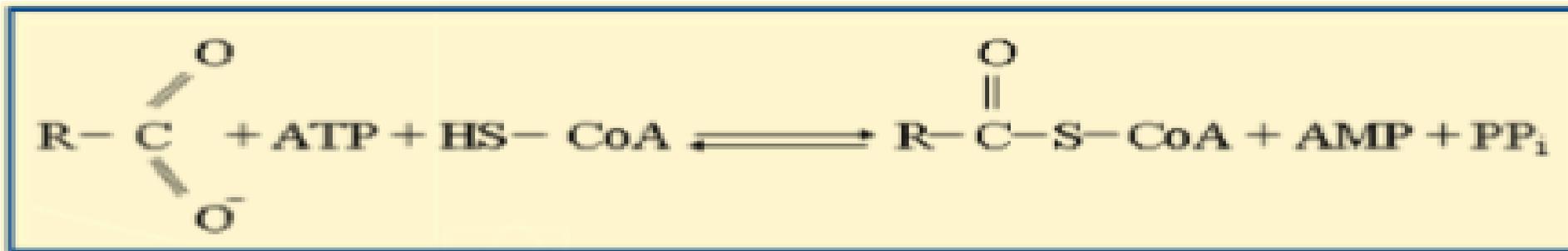


Fig. 20.2 Activation of Fatty acid

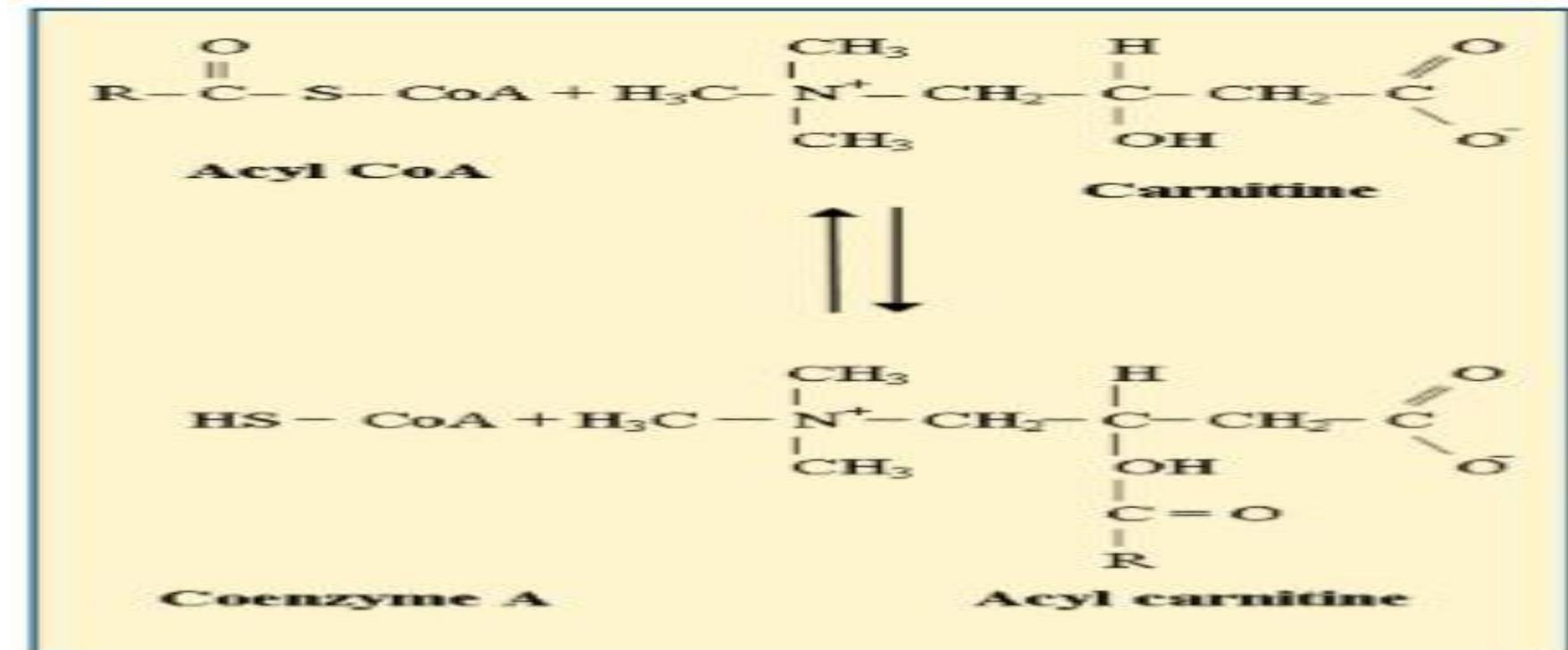
- **Acyl CoA synthetase** => bound => at **outer membrane of the mitochondria**
- Hydrolysis of **pyrophosphate** moves the reaction => in forward direction.

Translocation of activated fatty acids into the mitochondrial matrix

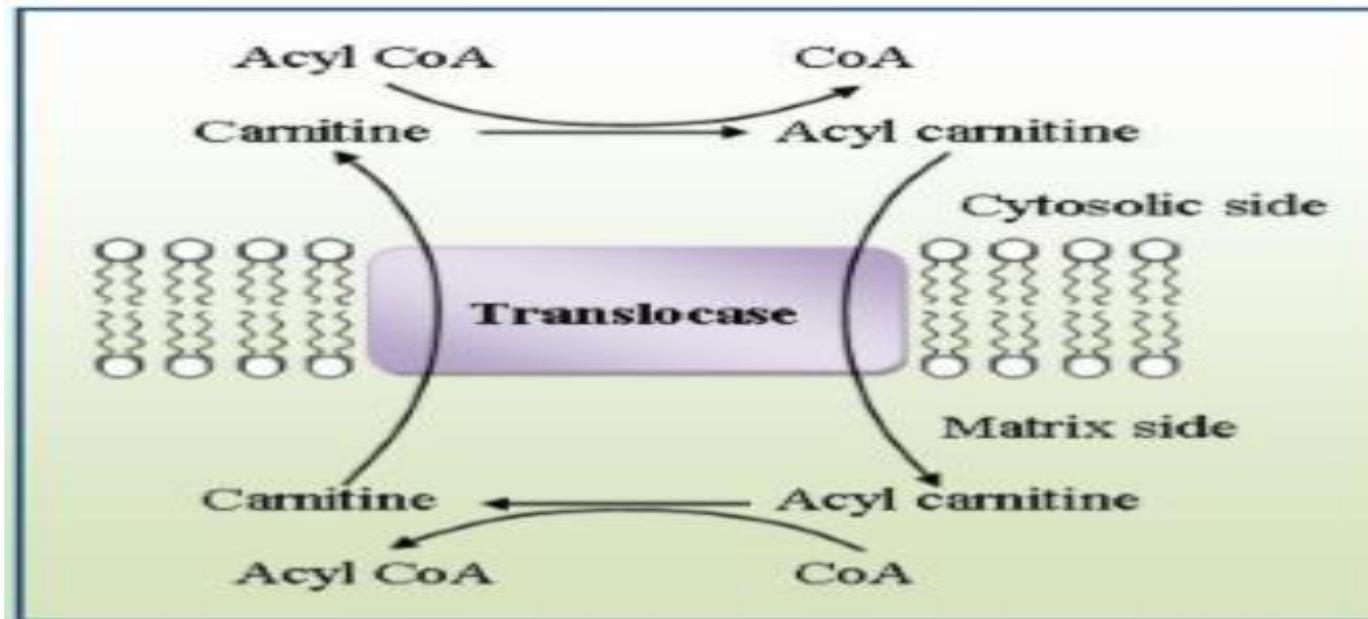
- Carnitine mediated specialized mechanism

carnitine acyltransferase I

- Acyl CoA & carnitine $\xrightarrow{\text{at}}$ acyl carnitine
outer face of inner membrane of mitochondria



Activated long-chain fatty acids are combined with carnitine



translocase enzyme (membrane protein)

- **Acyl carnitine** =====> inner membrane =>

carnitine acyltransferase II

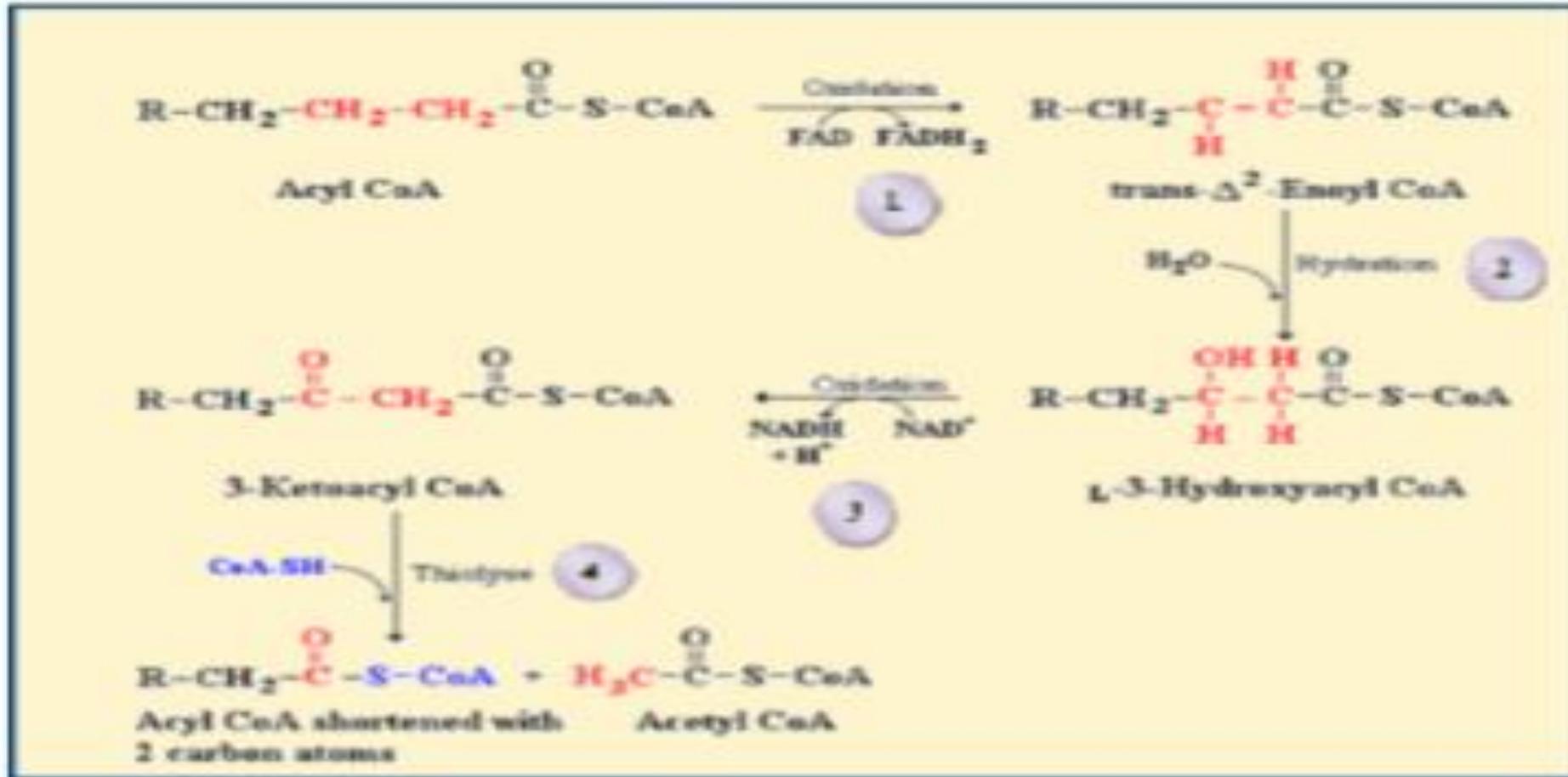
==> **Acyl group** =====> **coenzyme A** at the matrix side

translocase

- **Carnitine** =====> inter membrane space in exchange for a coming in of acyl carnitine.

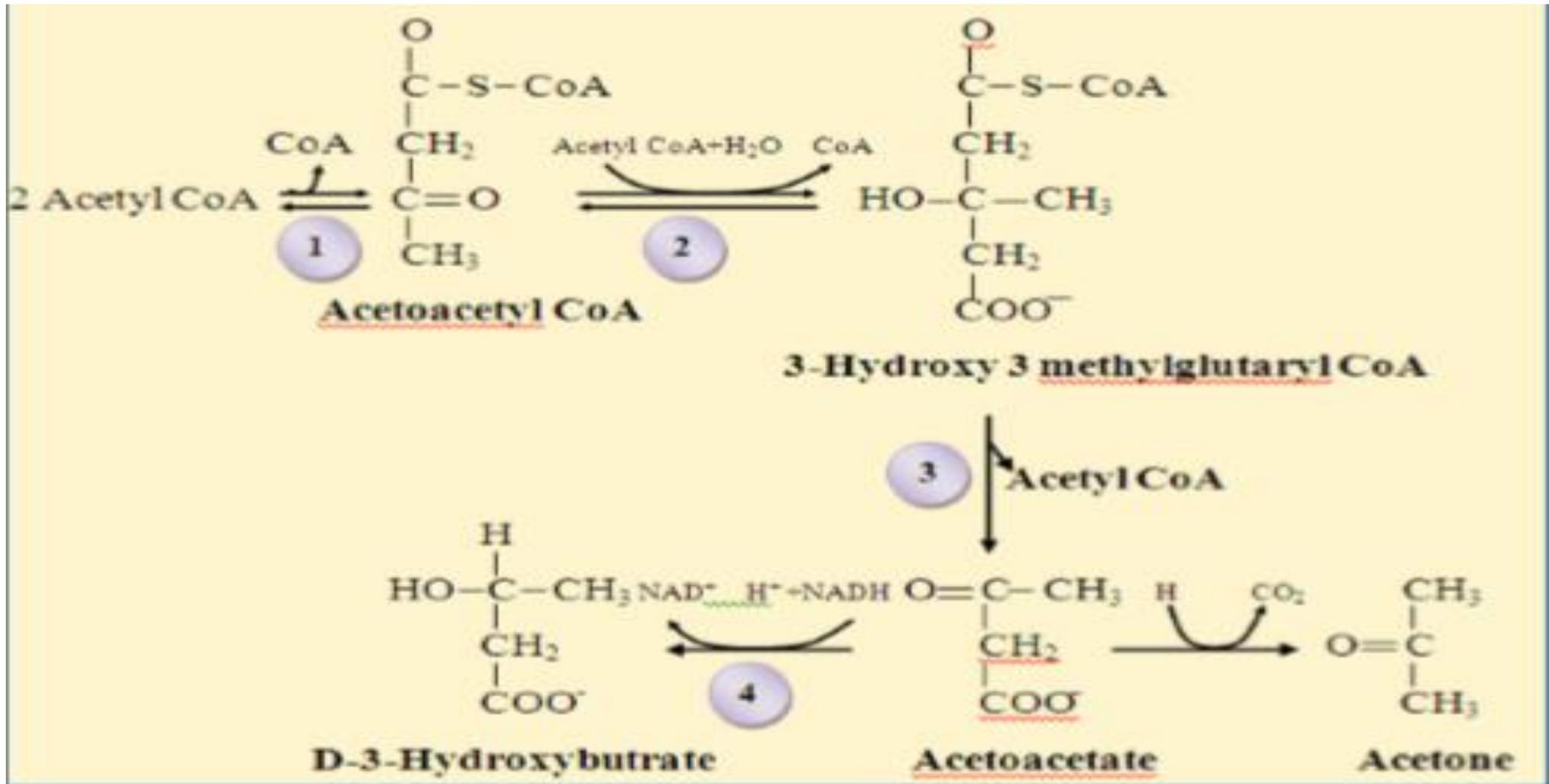
Fatty Acid Oxidation

- Fatty Acids are Broken by Splitting Off Always **Two Carbon Atoms**.
- Reaction order for the breakdown of fatty acids: Oxidation, hydration, oxidation and thiolysis .



Excess Acetyl CoA are Converted into Ketone Bodies

- Fatty acid => **active acetyl CoA** => **citric acid cycle** (when sufficient oxaloacetate is present).
- **Fasting** /diabetes => **oxaloacetate** => used for the **gluconeogenesis** => insufficient oxaloacetate available => to react with acetyl CoA.
- Then 2 molecules of acetyl CoA => one molecule of **aceto acetyl CoA** => **ketone bodies** : **aceto acetate, D-3-hydroxybutyrate and acetone.**

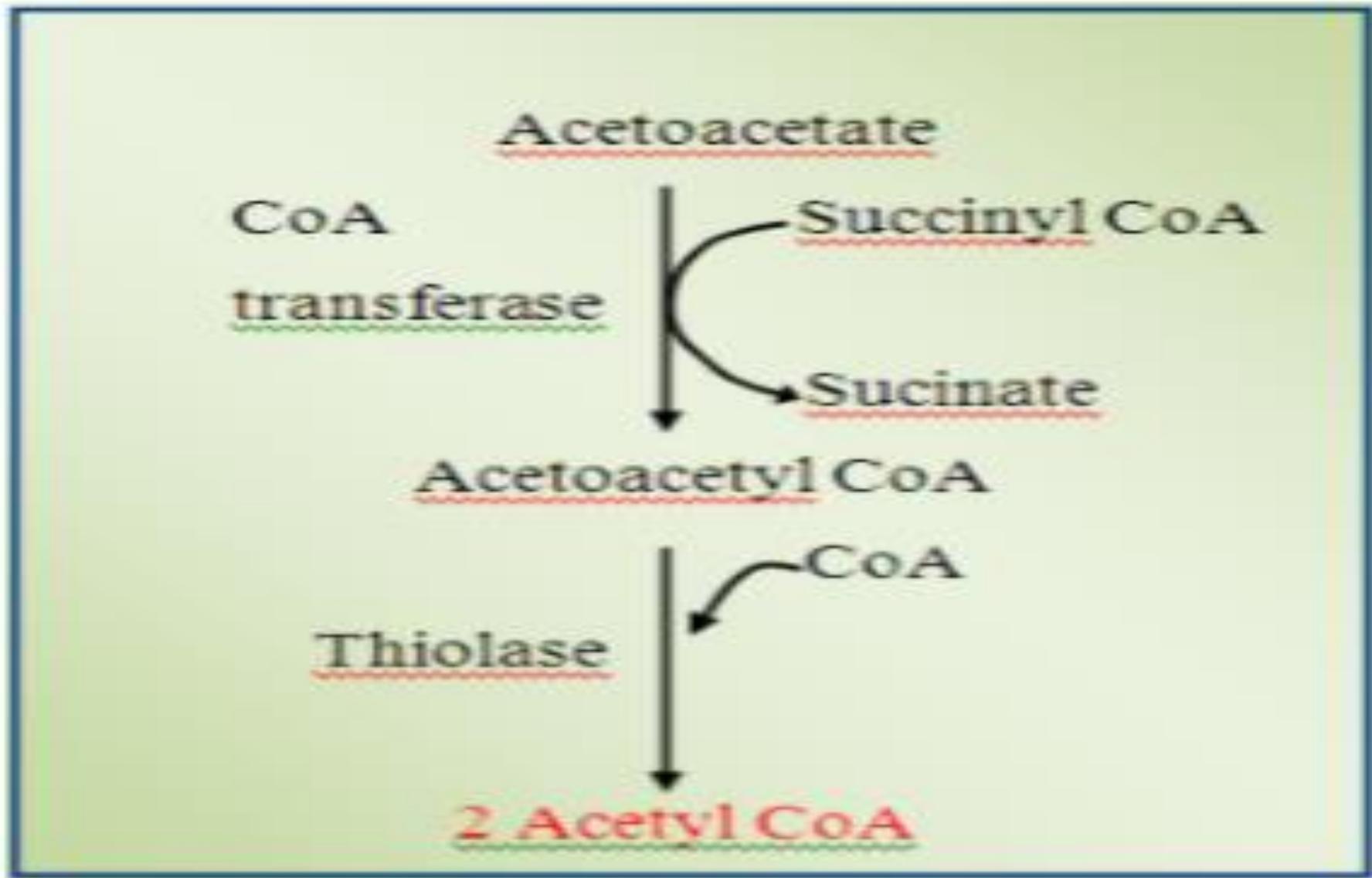


Two molecules acetyl CoA form one acetoacetyl CoA and from this the ketone bodies are formed

Enzymes that accelerate these reactions in liver are:

- (1) 3- keto thiolase,
- (2) Hydroxymethyl glutaryl CoA synthetase,
- (3) hydroxy methylglutaryl CoA lyase and
- (4) the mitochondrial enzyme D-3hydroxy butyrate dehydrogenase.

- **Acetoacetate** decarboxylates => to **acetone**(a volatile compound) => smell is observed in the breath of diabetic / fasting people .
- **Ketone bodies** => **energy sources** => primary fuels for **heart muscle & kidney**.
- In **fasting / diabetics** => **brains** => use **acetoacetate** as fuel.
- **Acetoacetate** reacts with **succinyl CoA** => **Acetoacetyl CoA** => **thiolysed** to 2 molecules of **acetyl CoA** => **citric acid cycle**.



The use of acetoacetate as a fuel by TCA cycle after conversion in acetyl CoA

- **Humans and animals** => can't convert **fatty acids** => into **glucose** because they can't use the **acetyl CoA** => make **pyruvate or oxaloacetate** => taken up => **citric acid cycle** => converted to **CO₂**
- acetyl CoA does not provide **oxaloacetate** => needed for **gluconeogenesis**.
- acetyl CoA is converted to **ketone bodies**