





# Online Seminar on "Psychological Wellness"

15th, June- 2021

### **Under NAHEP**

Bihar Animal Sciences University is going to organise Online Seminar for Faculty and Students on "Psychological Wellness" for faculty members and students of the Bihar Animal Sciences University, Patna.

#### **Objective of this Seminar is:**

➤ To know about goals of emotional wellness which include those things that keep you mentally and emotionally healthy.

## **Seminar Speaker:**

Dr. Madhulika Bajpai, Associate Professor, Psychology, Bhaskaracharya College of Applied Sciences, University of Delhi.

This seminar is being organised under NAHEP\_IG project funded by ICAR. 150 members (Faculties and Students of University) will be participants of this seminar.

#### Seminar Coordinator: ---

> Dr. Gyan Dev Singh, In-charge, Placement Cell, BASU, Patna

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Venue: - Zoom Cloud Meeting Platform