



**Online Seminar  
on  
" Psychological Wellness"**

**12<sup>th</sup>, June- 2021**

**Under NAHEP**

Bihar Animal Sciences University is going to organise Online Seminar for Faculty and Students on **"Psychological Wellness"** for faculty members and students of the Bihar Animal Sciences University, Patna.

**Objective of this Seminar is:**

- To know about goals of emotional wellness which include those things that keep you mentally and emotionally healthy.

**Seminar Speaker:**

- Dr. Madhulika Bajpai, Associate Professor, Psychology, Bhaskaracharya College of Applied Sciences, University of Delhi.

This seminar is being organised under NAHEP\_IG project funded by ICAR. 150 members (Faculties and Students of University) will be participants of this seminar.

**Seminar Coordinator: ---**

- Dr. Gyan Dev Singh, In-charge, Placement Cell, BASU, Patna
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